

Fundraising Pack



Every penny raised helps us support families living with allergies, asthma, and eczema. Whether you take on a challenge, host an event, or try something fun with friends, your efforts make a real difference

Fundraising Ideas

-  Take on a challenge – run, walk, swim, or cycle.
-  Coffee & cake morning – invite friends for allergy-safe bakes.
-  Dress-down day – donate £1 to wear what you like.
-  Quiz night – fun and fundraising combined.
-  Birthday fundraiser – charity gifts instead of presents.
-  School or group fundraiser – from non-uniform days to free from bake sales.

Fundraising Tips

-  Set up a JustGiving page so donations are quick and secure.
-  Share your fundraiser on social media and tag us.
-  Tell your story! People give when they understand why.
-  Team up with friends, colleagues, or your child's school. Fundraising is more fun together!

 *We're here to help you every step of the way.*

Together, we can build a safer, more inclusive world for children with allergies, asthma, and eczema.