

Benedict's Law at a Glance

A guide for families

What is Benedict's Law?

Benedict's Law is new legislation designed to improve allergy safety in schools across England.

It aims to make sure every child with allergies can attend school safely, confidently and inclusively.

What will schools be expected to do?

- ✓ Have an allergy policy
- ✓ Keep allergy information up to date
- ✓ Train staff to recognise and respond to allergic reactions
- ✓ Reduce the risk of accidental allergen exposure
- ✓ Work closely with parents and carers
- ✓ Have emergency procedures in place
- ✓ Promote an inclusive environment for pupils with allergies

What does this mean for parents?

Although schools have new responsibilities, parents still play a vital role.

Remember to:

- Provide up-to-date medical information.
- Supply any prescribed medication before it expires.
- Ensure your child's Allergy Action Plan is current.
- Tell school about any changes to allergies or medication.
- Talk to your child about allergy safety as they become more independent.

Questions you could ask your school

- ☐ Does the school have an allergy policy?
- ☐ Who has received allergy training?
- ☐ How are staff made aware of my child's allergies?
- ☐ Where is my child's medication stored?
- ☐ Who checks expiry dates?
- ☐ What happens on school trips?
- ☐ How are birthdays, cooking activities and food events managed?
- ☐ What is the emergency procedure?

What Benedict's Law doesn't mean

- ✗ It doesn't remove the need for parents and schools to work together.
- ✗ It doesn't guarantee an allergen-free school.
- ✗ It doesn't replace individual healthcare plans.
- ✗ It doesn't remove the need for children to learn allergy awareness as they grow.

Remember...

The safest schools are built on communication, preparation and partnership.

Benedict's Law helps strengthen those foundations for every child living with allergies.

Free From Families

*Supporting families living with allergies, asthma and eczema.
Together we can help every child feel safe, included and understood.*