

Allergy Allies Pilot

Impact of Pilot Feedback and Scheme Development

Free From Families piloted the Allergy Allies scheme of work across infant and primary settings. Feedback from teachers and school staff has been invaluable in refining the scheme to ensure it is practical, engaging, age-appropriate, and easy for schools to deliver.

This document outlines the key themes from pilot feedback and the changes made as a result.



1. Need for More Visual Support for EYFS and KS1

Feedback received

Staff highlighted that younger children would benefit from additional illustrations and visual prompts to support understanding of the stories and key messages.

Action taken

- A linked PowerPoint presentation has been developed with graphics that directly match the EYFS story.
- This visual support is now used within the assembly and classroom delivery to bring the story to life.
- The visuals support understanding for early readers and children with additional needs.
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Impact

Children are more engaged with the story and able to recall key messages more clearly.

2. Suggestion That a Physical Book Would Be Beneficial

Feedback received

Teachers suggested that a printed book would be easier to use than a digital set of slides.

Action taken

- While funding has not yet allowed for publication of a physical book, the PowerPoint with matched illustrations has been created to replicate this experience as closely as possible.
- Publishing the story as a book remains a future development goal.

Impact

The story is now delivered in a way that feels more immersive and accessible to children.

3. Need for Clearer Distinction Between Year Group Activities

Feedback received

Some ambiguity existed around which worksheets and activities were most appropriate for different year groups.

Action taken

- Worksheets and activities have now been clearly split and labelled by year group.
- Lesson expectations are clearer for staff, removing uncertainty in delivery.

Impact

Staff report the resources are now even easier to use and implement confidently.



4. Suggestion to Introduce an Assembly and Presentation

Feedback received

Schools suggested an assembly would be an effective way to introduce the topic to the whole school before classroom learning.

Action taken

- Two assemblies have been developed: one for EYFS/KS1 and one for KS2.
- The assemblies can stand alone or be followed by classroom lessons as part of the full scheme of work.
- A linked PowerPoint supports delivery and visual engagement.

Impact

Schools can now introduce allergy awareness in a whole-school, inclusive way before deeper learning takes place in classrooms.

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5. Increasing Interaction During Delivery

Feedback received

A suggestion was made to turn questions into a more interactive format for younger children.

Action taken

- A “thumbs up / thumbs down” interactive assessment has been added to the assembly and classroom delivery.
- This ensures all children are actively engaged and allows immediate assessment of understanding.

Impact

Higher engagement and clearer understanding from pupils during sessions.

6. Confusion Around the Lunchbox Activity

Feedback received

Some children were unsure whether they were creating a safe lunchbox for themselves or for the character in the story.

Action taken

- The activity has been amended so that children now create a lunchbox for themselves.
- Instructions and resources have been updated to reflect this clearly.

Impact

Greater clarity for children and more meaningful personal connection to the learning.

Ongoing Development

Free From Families remains committed to refining Allergy Allies through continued feedback from schools, staff, and families.

The scheme is designed to evolve through real classroom experience, ensuring it remains:

- Age-appropriate
- Easy for staff to deliver
- Meaningful for children
- Practical for schools

We are grateful to all pilot schools for their honest and constructive feedback, which has directly shaped the current version of Allergy Allies.