



PUPIL VOICE

EYFS and KS1 Assembly Pilot

Charity Number 1211215

What do you remember from the story about Aurora?

S – She had a sparkly lunchbox

N – She had an allergy about something that a girl asked her.

M – When the teacher told their kids they can't share their food anymore.

L – that she had a allergy

La – She had allergies about cheese

J – She had allergies about milk and she had her own special lunchbox

P – One of her friends offered her some cheese so she said no.



What was special about Aurora's lunchbox?

J – It was special to her because she is not allowed the other stuff.

S – she like it and she loves her lunchbox because it is sparkly.

O – the teacher came and said what can we do to keep our class healthy.

P – It was filled with stuff that she can eat

J – It had a lot of food that she can eat and she couldn't have anyone else's food

because she had allergies to some types of food.



La – Aurora loves her pink packed lunch.

L – her special lunchbox was filled with everything she can eat and she wouldn't be allergic to it.

Why does Aurora have a special lunchbox?

O – Because it has food that she can eat.

A – so she doesn't take anybody's food.

N – because it is special to her.

L – because shes allergic to stuff and shes not allergic to other stuff.

La – Aurora loves her food and her mum looks at the back to see if its okay and if it has any allergies.

J – because she has allergies to milk and she can get very sick if she has it.

P – She loves her lunchbox because it has food she can eat in it and she doesn't have to eat something she is allergic to.



Is it okay for lunchboxes to be different? Why?

All – Yes!

L – otherwise we won't know which lunchbox is ours

N – because they might be allergic to other things that they don't have in their lunchbox.

O – It is important that they don't be the same because when they open it they might be allergic to that food and then they might get sick.



What is one thing you can do to be an Allergy Ally at school?

R – it is somebody that helps people with allergies

N – if someone has an allergy then a Allergy Ally helps them to feel better.

Ly – By helping people

P – By telling the teacher

La – If they have brought medicine in the bag then you can tell the teacher to go
and get it.

J – If someone tries to give someone something that is allergic to that food, we can
stop them from doing it.



How do you think Aurora felt when her friends understood her lunchbox?

D – happy

C – excited

N – happy because then they know'd she was allergic to things.

O – joyful

P – Happy

Ly – Excited and happy because they know now not to share their food with Aurora.

J – Hungry because she is hungry to eat.



How can we be kind about food at school?

J – By not sharing the food.

L – no throwing your food.

N – if theyre allergic to that food not trying to get them to eat it.



If someone felt poorly after eating, what should you do?

A – Tell a teacher

O – Tell a care minder

L – If a teacher forgot where their bag is help and say there it is.

J – Get the special bag

Ly – Help them out and tell the teacher

P – Give them medicine.



KS1 reflections

O – I really liked the story because I like when she has her special lunchbox.

N – I liked when they made the signs that tells them not to share their food.

D – I love when the teacher came to the kids and said really nice words with them.

La – It is important to learn about it because if they are allergic then they might get a bit poorly.

P – It is important to know not to share food if you're allergic to it.

La – The assembly was wonderful because it helps us to learn about it and what to do and not share food.

J – It was great because I like Aurora and I like you.

P – It was amazing because it can help us know to not share food and other people not to share food.

Ly – It was gooder than the world because I like it because it teaches us about allergies and I had fun.

La – I really actually had fun.

Ly – We know now how to help people when they don't feel well.

P – We know to not share food to people that have allergies to it.

La – At the end of the story everyone knows not to share food now.





PUPIL VOICE

KS2 Assembly Pilot

Charity Number 1211215

What do you remember most from the assembly?

J – We can't share food because if we do someone might be allergic to it so you have to be an Allergy Ally because someone might be severely allergic to it.

L – I remember when you showed your family and that your children have asthma and eczema and allergies.

S – Allergy Allies

A – If you didn't like something and you were at a restaurant you might waste their time if they thought you were allergic.

D – I remember we talked about allergies and asthma and eczema because my sister has an epi pen and I have asthma and eczema.



Can anyone tell me what an Allergy Ally is?

H – someone who helps people with allergies feel like they are heard.

J – someone who tries to prevent someone from having allergic reactions so if someone says its only a little it will be fine, it doesn't always come in that case. A little bit could cause a serious reaction. And by serious I mean hospital visiting serious.

S – Someone that's a friend to someone that has an allergy that backs them up a bit.

A – they look out for you in different ways.

D – They know where your medicine is for example.



Did the assembly help you understand allergies better? Why or why not?

H – Yes, because I did not know it was the law I thought people were just doing it because of allergies in the bold ingredients.

J – It really helped me understand it, I thought that only a few people would have allergies but it is actually much more common than you think. I didn't know most of the things that people can be allergic to.

S – Yes, because I didn't know that eczema and asthma were a part of that, I knew hay fever was a part of it but I didn't know some of the other things.

A – Yes

D – my brother has an allergy to lots of allergies and he has to carry a card when he goes out. So I already knew a lot about it. He is 20 now.



Why do you think it's important for schools to talk about allergies?

S – In case you didn't know that someone was allergic to something and they accidentally ate it and had an allergic reaction to it.

L – It is important to know what you are allergic to.

H – because younger people like the ones you teach might not even know that allergies exist so it is good to teach them that allergies do exist.

J – Because, for example adults in this school don't know that a certain child has an allergy, if they don't know about the allergy they might serve them the food and then that kid might have a reaction. It could be severe or it could be not that bad but all allergic reactions do not feel good.

Sa – It can make people more aware because if people aren't aware and they start to share food with somebody and they give someone an almond chocolate bar then that can make them go to the hospital and get really poorly.

A – Because we need to make people aware and if they have a friend who has an allergy and they have to carry medicine it helps them to care for them and know what they need to go through.



E has an allergy and someone brought in some nuts and she was really frightened. We have to keep reminding people on Dojo.